

WOMEN'S HEALTH TOPICS

Pregnancy and Birth

Introduction/Anatomy

- | | | | |
|--|---------------------------------|---------------------------------|--|
| <input type="checkbox"/> Introduction | <input type="checkbox"/> Vulva | <input type="checkbox"/> Cervix | <input type="checkbox"/> Fallopian Tubes |
| <input type="checkbox"/> Healthy Reproductive System | <input type="checkbox"/> Vagina | <input type="checkbox"/> Uterus | <input type="checkbox"/> Ovaries |

Normal Pregnancy

- | | | |
|--|---|--|
| <input type="checkbox"/> Conception | <input type="checkbox"/> Stages of Pregnancy: Fetal Development | <input type="checkbox"/> Stages of Pregnancy: Body Changes |
| <input type="checkbox"/> Preconception Checkup | <input type="checkbox"/> First Trimester | <input type="checkbox"/> First Trimester |
| <input type="checkbox"/> Pregnancy Over 35 | <input type="checkbox"/> Second Trimester | <input type="checkbox"/> Second Trimester |
| <input type="checkbox"/> Pregnancy Testing | <input type="checkbox"/> Third Trimester | <input type="checkbox"/> Third Trimester |

Prenatal Care

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|---|-----------------------------------|---|--|
| <input type="checkbox"/> Office Visits | <input type="checkbox"/> Exercise | <input type="checkbox"/> Health Concerns During Pregnancy | <input type="checkbox"/> Sexual Activity |
| <input type="checkbox"/> Diet & Weight Gain | <input type="checkbox"/> Travel | | <input type="checkbox"/> Pregnancy Risks |

Complications During Pregnancy

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Warning Signs | <input type="checkbox"/> Miscarriage | <input type="checkbox"/> Vaginal Bleeding/Placental Disorders | <input type="checkbox"/> Incompetent Cervix |
| <input type="checkbox"/> Ectopic Pregnancy | <input type="checkbox"/> Preeclampsia & Eclampsia | | <input type="checkbox"/> RH Disease |

Diagnostic Tests & Procedures During Pregnancy

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|---|--|---|---|
| <input type="checkbox"/> Introduction | <input type="checkbox"/> Ultrasound | <input type="checkbox"/> Alpha-fetoprotein Monitoring | <input type="checkbox"/> Percutaneous Umbilical Cord Blood Sampling |
| <input type="checkbox"/> Genetic Counseling & Testing | <input type="checkbox"/> Chorionic Villus Sampling | | <input type="checkbox"/> Fetal Heart Rate Monitoring |
| | <input type="checkbox"/> Amniocentesis | | |

Normal Labor & Delivery

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|---|--|---|--|
| <input type="checkbox"/> Getting Ready for the Hospital | <input type="checkbox"/> At the Hospital | <input type="checkbox"/> Signs of Labor | <input type="checkbox"/> Stages of Labor |
|---|--|---|--|

Complications During Childbirth

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|--|--|--|---|
| <input type="checkbox"/> Preterm Labor/Premature Birth | <input type="checkbox"/> Breech Presentation | <input type="checkbox"/> Prolonged Labor | <input type="checkbox"/> Chorioamnionitis |
|--|--|--|---|

Pain Relief During Childbirth

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|--|--|--|---|
| <input type="checkbox"/> Lamaze & TENS Machine | <input type="checkbox"/> Pain Relief Medication Introduction | <input type="checkbox"/> Analgesics | <input type="checkbox"/> Pudendal Block |
| | | <input type="checkbox"/> Epidural Anesthesia | |

Procedures to Assist Labor & Birth

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|---|-------------------------------------|---|--|
| <input type="checkbox"/> Cesarean Section | <input type="checkbox"/> Episiotomy | <input type="checkbox"/> Forceps Delivery | <input type="checkbox"/> Vacuum Extraction |
| <input type="checkbox"/> Induced Labor | | | |

After Delivery

- | | | | |
|--|---|--|---|
| <input type="checkbox"/> Contractions after Delivery | <input type="checkbox"/> Engorged Breasts | <input type="checkbox"/> Postpartum Depression | <input type="checkbox"/> Sexual Intercourse & Contraception |
| <input type="checkbox"/> Soreness | <input type="checkbox"/> Hemorrhoids & Constipation | <input type="checkbox"/> Menstruation | <input type="checkbox"/> Exercising after Delivery |
| <input type="checkbox"/> Vaginal Discharge | | | |

Breast-feeding

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|---|--|--|---|
| <input type="checkbox"/> Benefits of Breast-feeding | <input type="checkbox"/> Breast Changes During Pregnancy | <input type="checkbox"/> Preparing to Breast-feeding | <input type="checkbox"/> Problems & Complications |
| | | <input type="checkbox"/> How to Breast-feed | |

Conclusion

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|-------------------------------------|--------------------------------|--------------------------------|--|
| <input type="checkbox"/> Conclusion | <input type="checkbox"/> SF-12 | <input type="checkbox"/> SF-36 | <input type="checkbox"/> Test Your Knowledge |
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WOMEN'S HEALTH TOPICS



Gynecology

Introduction/Anatomy & Physiology

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|--|---------------------------------|--|--|
| <input type="checkbox"/> Introduction | <input type="checkbox"/> Vulva | <input type="checkbox"/> Uterus | <input type="checkbox"/> Menstrual Cycle |
| <input type="checkbox"/> Healthy Reproductive System | <input type="checkbox"/> Vagina | <input type="checkbox"/> Fallopian Tubes | <input type="checkbox"/> Menopause |
| | <input type="checkbox"/> Cervix | <input type="checkbox"/> Ovaries | |

Diagnosis

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|--|--|---|--|
| <input type="checkbox"/> Menstrual Cycle Symptoms | <input type="checkbox"/> Public Lice (Crabs) | <input type="checkbox"/> Endometrial Hyperplasia | <input type="checkbox"/> Atrophic Vaginitis |
| <input type="checkbox"/> Painful Periods | <input type="checkbox"/> Genital Herpes | <input type="checkbox"/> Endometriosis | |
| <input type="checkbox"/> Infrequent Periods | <input type="checkbox"/> Genital Warts | | Diseases of the Vulva |
| <input type="checkbox"/> Lack of Periods | <input type="checkbox"/> Gonorrhea | Diseases of the Fallopian Tubes | <input type="checkbox"/> Bartholin's Gland Cysts |
| <input type="checkbox"/> Heavy or Prolonged Periods | <input type="checkbox"/> Hepatitis B | <input type="checkbox"/> Fallopian Tube Adhesions | <input type="checkbox"/> Dystrophies of the Vulva |
| <input type="checkbox"/> Premenstrual Syndrome | <input type="checkbox"/> Molluscum Contagiosum | | <input type="checkbox"/> Lichen Sclerosus |
| | <input type="checkbox"/> Nongonococcal Urethritis | Disease of the Ovaries | <input type="checkbox"/> Vulvitis |
| | <input type="checkbox"/> Scabies | <input type="checkbox"/> Ovarian Cysts | <input type="checkbox"/> Vitiligo |
| <input type="checkbox"/> Menopause Symptoms/ Considerations | <input type="checkbox"/> Syphilis | <input type="checkbox"/> Ovarian Tumors | <input type="checkbox"/> Vulvar Vestibulitis |
| <input type="checkbox"/> Hot Flashes | <input type="checkbox"/> Trichomoniasis | <input type="checkbox"/> Polycystic Ovary Syndrome | <input type="checkbox"/> Psoriasis & Crohn's Disease |
| <input type="checkbox"/> Vaginal Dryness | | | |
| <input type="checkbox"/> Urinary System Changes | Cancer | | Other Diseases |
| <input type="checkbox"/> Hair & Skin Changes | <input type="checkbox"/> Endometrial Cancer | Diseases of the Cervix | <input type="checkbox"/> Pelvic Inflammatory Disease |
| <input type="checkbox"/> Mood Changes | <input type="checkbox"/> Ovarian Cancer | <input type="checkbox"/> Cervical Eversion/ Ectropion | <input type="checkbox"/> Loss of Pelvic Support |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Cervical Cancer | <input type="checkbox"/> Cervical Dysplasia | <input type="checkbox"/> Incontinence |
| <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Cancer of the Vulva | <input type="checkbox"/> Cervical Polyps | <input type="checkbox"/> Toxic Shock Syndrome |
| | <input type="checkbox"/> Vaginal Cancer | <input type="checkbox"/> Cervical/Nabothian Cysts | |
| <input type="checkbox"/> Sexually Transmitted Diseases (STD's) | <input type="checkbox"/> Cancer of the Fallopian Tubes | <input type="checkbox"/> Cervicitis | |
| <input type="checkbox"/> STD Overview | Diseases of the Uterus | | |
| <input type="checkbox"/> HIV & AIDS | <input type="checkbox"/> Fibroid Tumors | Diseases of the Vagina | |
| <input type="checkbox"/> Chancroid | <input type="checkbox"/> Abnormal Uterine Bleeding | <input type="checkbox"/> Vaginal Adenosis | |
| <input type="checkbox"/> Chlamydia | | <input type="checkbox"/> Vaginitis | |

Diagnostic Tests & Procedures

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|---|--------------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Pelvic Examination | <input type="checkbox"/> Urine Tests | <input type="checkbox"/> Biopsy | <input type="checkbox"/> Hysterosalpingogram |
| <input type="checkbox"/> Pap Smear | <input type="checkbox"/> Blood Tests | <input type="checkbox"/> Hysteroscopy | <input type="checkbox"/> Laparoscopy |
| <input type="checkbox"/> Vaginal Ultrasound | <input type="checkbox"/> Cultures | | |

Surgical Treatment

- | | | | |
|---|---------------------------------------|--|--|
| <input type="checkbox"/> Laparoscopy | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Cryosurgery | <input type="checkbox"/> Loop Electrosurgical Excision |
| <input type="checkbox"/> Laparotomy | <input type="checkbox"/> Myomectomy | <input type="checkbox"/> Laser Surgery | <input type="checkbox"/> Pelvic Support Surgery |
| <input type="checkbox"/> Dilatation & Curettage (D&C) | <input type="checkbox"/> Cone Biopsy | | |

Nonsurgical Treatment

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Hormone Replacement Therapy | <input type="checkbox"/> Radiation Therapy | <input type="checkbox"/> Metronidazole | <input type="checkbox"/> Electrocautery |
| <input type="checkbox"/> Pelvic Support Treatment | <input type="checkbox"/> Chemotherapy | <input type="checkbox"/> Steroid Creams | <input type="checkbox"/> Vacuum Aspiration |
| | <input type="checkbox"/> Antibiotics | | |

Hospital Information

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|--|--|--|
| <input type="checkbox"/> Getting Ready for Surgery | <input type="checkbox"/> At the Hospital | <input type="checkbox"/> Recovery from Surgery |
|--|--|--|

Conclusion

- | | | | |
|-------------------------------------|--------------------------------|--------------------------------|--|
| <input type="checkbox"/> Conclusion | <input type="checkbox"/> SF-12 | <input type="checkbox"/> SF-36 | <input type="checkbox"/> Test Your Knowledge |
|-------------------------------------|--------------------------------|--------------------------------|--|



WOMEN'S HEALTH TOPICS

Breast Health

Introduction/Anatomy

- Introduction Anatomy of the Breast

Diagnosis

- Breast Pain/Sensitivity Breast Infections Cysts Intraductal Papilloma
 Nipple Discharge Fibrocystic Breasts Fibroadenoma Breast Cancer

Diagnostic Tests

- Breast Self-examination Ultrasound Incisional or Excisional Biopsy Needle (wire) Localization
 Clinical Examination Needle Biopsy Hormone Receptor Test
 Mammogram

Treatment: Surgical Options

- Surgical Introduction Complications from Breast Surgery - Lymphedema Reconstruction Using Implants General Risks from Surgery
 Lumpectomy Reconstructive Surgery Introduction Reconstruction Using Body Tissue Recovery from Breast Surgery
 Partial Mastectomy Simple or Total Mastectomy

Nonsurgical Treatments

- Radiation Chemotherapy Hormone Therapy Breast Prosthesis

Conclusion

- Conclusion SF-12 SF-36 Test your Knowledge

Infertility

Introduction

- Introduction

Anatomy

- Healthy Reproductive System Vulva Cervix Fallopian Tubes
 Vagina Uterus Ovaries

Possible Causes of Infertility

- Lack of Ovulation & Hormone Problems Cervical Abnormalities Fallopian Tube Abnormalities Immune Reaction
 Uterine Abnormalities Male Infertility

Infertility Testing

- Infertility Testing Introduction Blood Tests Ultrasound Hysteroscopy
 Ovulation Tests Endometrial Biopsy Hysterosalpingogram Laparoscopy
 Postcoital Test

Treatment: Surgical Treatment

- Treating Endometriosis Treating Fibroids Treating a Blocked Fallopian Tube

Medication

- Medication Introduction Clomiphene Citrate Human Menopausal Gonadotropin Bromocriptine

Assisted Reproductive Technologies

- Assisted Reproductive Technologies Introduction Intrauterine Insemination In Vitro Fertilization Donated Egg
 Intrafallopian Transfer Surrogate Motherhood

Conclusion

- Conclusion SF-12 SF-36 Test Your Knowledge

WOMEN'S HEALTH TOPICS



Birth Control

Introduction

- Introduction

Anatomy

- Healthy Reproductive System
- Vulva
- Cervix
- Fallopian Tubes
- Vagina
- Uterus
- Ovaries

Natural Family Planning

- Natural Family Planning

Barrier Contraceptive Methods

- Spermicides
- Female Condoms
- Diaphragm
- Cervical Cap
- Male Condoms

Hormonal Contraceptive Methods

- Birth Control Pills
- Hormone Injections
- Morning-after Pills
- Intrauterine Devices
- Hormone Implants

Surgical Sterilization

- Tubal Ligation Overview
- Laparoscopy
- Laparotomy

Conclusion

- Conclusion
- SF-12
- SF-36
- Test Your Knowledge

Termination of Pregnancy

Introduction

- Introduction

Anatomy

- Healthy Reproductive System
- Vulva
- Cervix
- Fallopian Tubes
- Vagina
- Uterus
- Ovaries

Medication

- Medication

Procedures

- Vacuum Aspiration
- Dilation and Evacuation
- Induction

Risk of Complications

- Risk of Complications

Recovery

- Recovery

Conclusion

- Conclusion
- SF-12
- SF-36
- Test Your Knowledge

